

Ingredients:

- 2 ounces (4 tablespoons) whiskey
- 1/4 lemon, sliced into 2 wedges
- 5 large mint leaves
- 1 ounce (2 tablespoons) simple syrup or maple syrup
- Soda water, for serving
- Crushed ice, for serving

Instructions:

- 1. Place the lemon wedges and mint leaves in a cocktail shaker. Muddle 4 to 5 times to extract flavor.
- 2. Add the whiskey and maple syrup and fill the shaker with ice. Shake until cold and strain into a glass. If desired, add a splash of soda water. Serve with crushed ice.